

Driver Training: Level Three For the Leading Safety Culture

Program

This program is for experienced drivers who operate in a leading or advanced safety culture. Participants are seeking to completely avoid crashing and believe in taking every opportunity to improve safety. As experienced drivers, they are willing to explore new and innovative strategies to protect themselves and others from harm. Prerequisites: Current drivers licence. Multiple driver training experiences may be an advantage. Experience working in a high-trust, critically reflective, and self-directed learning organisation essential.

Aims: By the end of the course you will be able to:

- Avoid common crash types in theory and practise
- Think in ways that enhance safety motivation and trigger positive change
- Develop skills to build Emotional and Spiritual Intelligence behind the wheel
- Craft and implement a personal safety improvement plan

0900-0950	Introduction and course aims. Recognising Prior Learning. How Safety Works: Most-Safe/Least-Safe/Pathways-Barriers, and the 4 Ways Driver Training Model ©
0950-1000	Break
1000-1050	Where crashes happen. The ten most common crash types according to the NSW RUM Chart. How could they be avoided?
1100-1200	Barriers & Pathways. Challenge your Explanatory Style. Learn why drivers contribute to every crash and how thinking differently can help avoid crashing. Develop skills to defeat unrealistic optimism and enhance personal safety motivation
1200-1230	Lunch
1230-1305	Emotional Intelligence. Skills to manage your emotions for optimal safety behind the wheel
1305-1340	Spiritual Intelligence. Develop skills to identify and align yourself with the things that really matter to you
1340-1410	Craft a Personal Safety Plan for use on road
1415-1515	Observe Group A - Driving activity in real world conditions
1515-1615	Observe Group B - Driving activity in real world conditions
1615-1630	Course review, quiz and sign-off

