Driver Training
Australia

Driver Training: Level Three
For the Leading Safety Culture

Program

This program is for experienced drivers who operate in a leading or advanced safety culture. Participants are seeking to completely avoid crashing and believe in taking every opportunity to improve safety. As experienced drives, they are willing to explore new and innovative strategies to protect themselves and others from harm. Prerequisites: Current drivers licence. Multiple driver training experiences may be an advantage. Experience working in a high-trust, critically reflective, and self-directed learning organisation essential.

Aims: By the end of the course you will be able to:

•   Avoid common crash types in theory and practise
•   Think in ways that enhance safety motivation and trigger positive change
•   Develop skills to build Emotional and Spiritual Intelligence behind the wheel
•   Craft and implement a personal safety improvement plan

0900-0950   Introduction and course aims. Recognising Prior Learning. How Safety Works: Most-Safe/ Least-Safe/Pathways-Barriers, and the 4 Ways Driver Training Model ©

1000-1045   Where crashes happen. The ten most common crash types according to the NSW RUM Chart. How could they be avoided?

1100-1150   Barriers & Pathways. Challenge your Explanatory Style. Learn why drivers contribute to every crash and how thinking differently can help avoid crashing. Develop skills to defeat unrealistic optimism and enhance personal safety motivation

1200-1230   Emotional Intelligence. Skills to manage your emotions for optimal safety behind the wheel

1230-1300   Lunch

1300-1345   Spiritual Intelligence. Develop skills to identify and align yourself with the things that really matter to you

1345-1415   Craft a personal safety plan for use on road

1415-1515   Observe Group A - Driving activity in real world conditions

1515-1615   Observe Group B - Driving activity in real world conditions

1615-1630   Course review, quiz and sign-off