

# Driver Training: Level Two

## For the Established Safety Culture

### Program

This program is for experienced drivers who operate in an established safety culture. Participants may have attended driver training previously. Despite this, accidents and crashes still happen. Here activities build on the knowledge, skill and experience from within the group. Prerequisites: Current drivers licence. Previous driver training may be an advantage.

**Aims:** By the end of the course you will be able to:

- Avoid common crash types in theory and practise
- Give and receive feedback using a 'peer observe' method
- Predict and address personal impairments and barriers to safety
- Craft a personal safety improvement plan

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| 0900-0950 | Introduction and course aims. Recognising Prior Learning. How Safety Works: Most-Safe/Least-Safe/Pathways-Barriers, and the 4 Ways Driver Training Model ©         |
| 0950-1000 | Break  |
| 1000-1030 | Where crashes happen. The ten most common crash types according to the NSW RUM Chart   |
| 1030-1110 | Critical Behaviour Inventory. Brainstorming to identify the essential driving behaviours necessary to improve safety based on the combined experience of the group |
| 1120-1200 | Safe Driver Checklist. Taking the top ten critical behaviours to create a safe driver checklist. Preparing for the Peer Observe                                    |
| 1200-1230 | Lunch  |
| 1230-1345 | Peer Observe Group A - Driving activity in real world conditions   |
| 1345-1500 | Peer Observe Group B - Driving activity in real world conditions   |
| 1500-1530 | Emotional Intelligence. Develop skills to manage your emotions for optimal safety behind the wheel   |
| 1530-1600 | Spiritual Intelligence. Develop skills to identify and align yourself with the things that really matter to you  |
| 1600-1630 | Course review, quiz, create a Personal Safety Plan and sign-off  |

